

San Juan Unified School District

Nov 2, 2020 thru Nov 30, 2020

Base Menu Spreadsheet

CURBSIDE LUNCH

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	Tr-Fat ¹ (g)
Mon - 11/02/2020							
CURBSIDE LUNCH	Total	100					
CS PIZZA, CHEESE (WILD MIKES)	SLICE	100	360	510	20.0	34.0	0.00
CARROTS, 2.6 OZ PKG	2.6 OZ PK 1/2C	100	32	26	0.76	7.47	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			581	697	*32.61	72.43	*0.00
% of Calories					*22.5%	49.9%	*0.0%
Nutrient Guideline			600-650	1230			

Tue - 11/03/2020							
CURBSIDE LUNCH	Total	100					
CS CHICKEN DRUMSTK & ROLL	SVG (1 DM&1 R	80	240	528	16.8	16.8	0.00
CS CHEESY BREADSTICKS/MARINARA	2 EACH & 1/2 C	20	72	120	3.5	8.58	0.00
CS GREEN BEANS, CND(OTH) 1/2 CUP	1/2 CUP	100	16	140	1.0	3.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			517	949	*33.15	59.33	*0.00
% of Calories					*25.6%	45.9%	*0.0%
Nutrient Guideline			600-650	1230			

Wed - 11/04/2020							
CURBSIDE LUNCH	Total	100					
CS CHEESEBURGER SLIDERS	SERVING	80	218	284	15.76	25.04	0.00
CS CHEESE SANDWICH	1 SANDWICH	20	64	180	4.0	7.2	0.00
CS CORN, CND (ST) 1/2 CUP	1/2 CUP	100	65	15	2.0	15.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			536	640	*33.61	78.20	*0.00
% of Calories					*25.1%	58.4%	*0.0%
Nutrient Guideline			600-650	1230			

Thu - 11/05/2020							
CURBSIDE LUNCH	Total	100					
CS CHICKEN TACO	SVG (1 EACH)	80	274	728	21.13	26.47	0.00
CS TORTILLA CHIPS & CHS	(CHIP & CHS)	20	104	176	4.2	10.6	0.00
CS SALSA (1/2 CUP)	1/2 CUP	100	45	139	1.86	8.66	0.00
CS BEAN VARIETY	1/2 CUP	100	104	140	6.25	18.5	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			716	1344	*45.29	95.18	*0.00
% of Calories					*25.3%	53.2%	*0.0%
Nutrient Guideline			600-650	1230			

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	Tr-Fat ¹ (g)
Fri - 11/06/2020							
CURBSIDE LUNCH	Total	100					
CS NACHO PRETZL PCKT	1 EACH	100	360	600	19.0	38.0	0.00
CS BROCCOLI RAW (DKG) 1/2 CUP	1/2 CUP	100	10	10	1.06	1.8	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
CS COOKIE, CH CHIP (OTIS S)	1 COOKIE	100	160	100	2.0	26.0	0.00
Weighted Daily Average			719	871	*33.91	96.75	*0.00
% of Calories					*18.9%	53.8%	*0.0%
Nutrient Guideline			600-650	1230			

Mon - 11/09/2020							
CURBSIDE LUNCH	Total	100					
CS TERIYAKI BEEF NUGGT & ROLLS	4 EA & 2 ROLL	80	256	560	14.4	28.8	0.40
CS BEAN BURRITO (ARIZONA GOLD)	1 EACH	20	76	100	3.2	9.2	0.00
CS GREEN BEANS,CND(OTH)1/2 CUP	1/2 CUP	100	16	140	1.0	3.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			537	961	*30.45	71.95	*0.40
% of Calories					*22.7%	53.6%	*0.7%
Nutrient Guideline			600-650	1230			

Tue - 11/10/2020							
CURBSIDE LUNCH	Total	100					
WRAP-SPICY CHICKEN	1 EACH	80	354	652	22.6	34.81	0.00
CS WG GRILL CHEESE IW	1 EACH	20	56	116	3.71	6.19	0.00
CS BROCCOLI RAW (DKG) 1/2 CUP	1/2 CUP	100	10	10	1.06	1.8	0.00
JUICE, STRAWBRY KIWI (suncup)	1 EACH	100	60	*N/A*	*N/A*	14.0	*N/A*
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			610	*938	*38.36	72.80	*0.00
% of Calories					*25.1%	47.7%	*0.0%
Nutrient Guideline			600-650	1230			

Thu - 11/12/2020							
CURBSIDE LUNCH	Total	100					
CS CHICKEN DRUMSTK & ROLL	SVG (1 DM&1 R	80	240	528	16.8	16.8	0.00
CS CHEESY BREADSTICKS/MARINARA	2 EACH & 1/2 C	20	72	120	3.5	8.58	0.00
CARROTS,2.6 OZ PKG	2.6 OZ PK 1/2C	100	32	26	0.76	7.47	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
CS COOKIE, CH CHIP (OTIS S)	1 COOKIE	100	160	100	2.0	26.0	0.00
Weighted Daily Average			693	935	*34.91	89.80	*0.00
% of Calories					*20.1%	51.8%	*0.0%
Nutrient Guideline			600-650	1230			

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Mon - 11/16/2020							
CURBSIDE LUNCH	Total	100					
CS CHICKEN PATTY MELT SANDWICH	1 EACH	80	352	848	20.0	35.2	0.00
CS NACHO PRETZL PCKT	1 EACH	20	72	120	3.8	7.6	0.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	100	40	10	0.0	9.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			653	1139	*35.65	82.75	*0.00
% of Calories					*21.8%	50.7%	*0.0%
Nutrient Guideline			600-650	1230			

Tue - 11/17/2020							
CURBSIDE LUNCH	Total	100					
CS TURKEY HAM&CHEESE SNDWICH	1 EACH	80	245	741	18.67	27.73	0.00
CS CHEESE SANDWICH	1 SANDWICH	20	64	180	4.0	7.2	0.00
CARROTS,2.6 OZ PKG	2.6 OZ PK 1/2C	100	32	26	0.76	7.47	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			530	1108	*35.27	73.36	*0.00
% of Calories					*26.6%	55.3%	*0.0%
Nutrient Guideline			600-650	1230			

Wed - 11/18/2020							
CURBSIDE LUNCH	Total	100					
CS CHICKEN TACO	SVG (1 EACH)	80	274	728	21.13	26.47	0.00
CS TORTILLA CHIPS & CHS	(CHIP & CHS)	20	104	176	4.2	10.6	0.00
CS SALSA (1/2 CUP)	1/2 CUP	100	45	139	1.86	8.66	0.00
CS BEAN VARIETY	1/2 CUP	100	104	140	6.25	18.5	0.00
JUICE, STRAWBRY KIWI (suncup)	1 EACH	100	60	*N/A*	*N/A*	14.0	*N/A*
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			716	*1343	*44.44	94.23	*0.00
% of Calories					*24.8%	52.6%	*0.0%
Nutrient Guideline			600-650	1230			

Thu - 11/19/2020							
CURBSIDE LUNCH	Total	100					
CS CHICKEN NUGGETS & ROLL	SVG (5 NG&1RL)	80	272	424	14.4	24.8	0.00
CS CHEESY BREADSTICKS/MARINARA	2 EACH & 1/2 C	20	72	120	3.5	8.58	0.00
CS GREEN BEANS,CND(OTH)1/2 CUP	1/2 CUP	100	16	140	1.0	3.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			549	845	*30.75	67.33	*0.00
% of Calories					*22.4%	49.0%	*0.0%
Nutrient Guideline			600-650	1230			

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	Tr-Fat ¹ (g)
Fri - 11/20/2020							
CURBSIDE LUNCH	Total	100					
CS BEAN BURRITO (ARIZONA GOLD)	1 EACH	100	380	500	16.0	46.0	0.00
SUNFLOWER SEEDS, LIGHTLY SALT	PACKAGE	100	170	110	6.0	4.0	0.00
CS CORN, CND (ST) 1/2 CUP	1/2 CUP	100	65	15	2.0	15.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			804	786	*35.85	95.95	*0.00
% of Calories					*17.8%	47.7%	*0.0%
Nutrient Guideline			600-650	1230			

Mon - 11/30/2020							
CURBSIDE LUNCH	Total	100					
CS WG GRILL CHEESE IW	1 EACH	100	280	581	18.55	30.96	0.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	100	40	10	0.0	9.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	59	1	*0.85	14.95	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	0.00
Weighted Daily Average			510	752	*30.40	70.91	*0.00
% of Calories					*23.9%	55.7%	*0.0%
Nutrient Guideline			600-650	1230			

Weighted Average			619	*951	*35.33	80.07	*0.03
					*22.8%	51.7%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	619		600 - 650	100%				
Sodium 1 (mg)	951		1230		Missing			
Sodium 2 (mg)	951		935		Missing		16	Correction Required - Sodium too High
Protein (g)	35.33	22.81%			Missing			
Carbohydrate (g)	80.07	51.70%						
Trans Fat ¹ (g)	0.03	0.04%			Missing			

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